



Instructions to Authors for APHERJ

Thank you for choosing to submit your paper to us. These instructions will help intending authors ensure the completeness of the requirements for the paper to move smoothly through peer review, production, and publication. Please take the time to read and follow them as closely as possible, as doing so will ensure your paper matches the journal's requirements and standards

About the Journal

The Asia Pacific Higher Education Research Journal (APHERJ) Please see the journal's [Aims and Scope](#) for information about its focus and peer-review policy.

Please note that this journal only publishes manuscripts in English and Filipino.

APHERJ only accepts empirical research

Open Access

As part of the ongoing changes in scientific publishing, the journal follows an open access publishing model that aims to increase the readership, reach, and impact of published research through an open access system using PKP's Open Journal System. This journal provides immediate open access to its content on the principle that making research freely available to the public supports a greater global knowledge exchange.

Peer Review Process and Ethics

1. *Criteria for Publication*

Publication in this journal is free of charge. The Philippine National Center for Teacher Education covers all expenses associated with article processing. Preference is given to articles aligned with the journal's identified themes. The submitted article is expected to follow the prescribed manuscript format and submission procedures. There is evidence that the article is scholarly, discusses a timely topic, and could connect with the journal's target audience .

2. *Review Mechanics*

The refereeing system shall adopt a three-stage evaluation process: initial appraisal, double-blind external review, and Editorial Board evaluation.





1. After being received, every submitted manuscript will be evaluated by the Publication Team. This initial appraisal will include a plagiarism check, a technical review regarding the number of words, adherence to journal format, statements of declaration, and AI detection. This process will ensure that each manuscript fits the objectives and standards of the journal. It will likewise establish the significance, technical soundness, and originality of the manuscript (the similarity index should not be more than 10%). The result of the initial appraisal will determine whether the manuscript will be endorsed for an external review or returned to the author(s) for revision. The author is given two to four weeks to revise the manuscript, depending on the quality and completeness of the revisions required.
2. After revising the manuscripts following the initial appraisal and completing and submitting them with comprehensive and signed commitment forms, the Editorial Board sends them to double-blind refereeing. At least two peer reviewers, determined by the Editorial Board, are given one month to evaluate the manuscripts. Comments and suggestions resulting from the refereeing are consolidated and sent to the authors for appropriate action. The author(s) are given two (2) to four (4) weeks to revise and resubmit the manuscript.
3. The revised manuscript shall undergo final scrutiny by the Editorial Board. This process ensures that the peer reviewers' suggestions are incorporated into the manuscript, on which the acceptance for publication of the proposed article is contingent.
4. Accepted papers for publication are then subjected to final language editing. When ready, proofs are sent to the author(s) for his/her/their final review. The author(s) are expected to return the proofs within a week. Failure on the part of the author(s) to send any feedback within said time implies acceptance of proofs without corrections. A camera-ready copy of the article will be sent to the Web Editor for uploading online.

The following summary describes the peer review process for this journal:

Identity transparency: double anonymized

Reviewer interacts with: Editor

Review information published: none

Publication Ethics

The publication of an article in a peer-reviewed journal is a crucial step in disseminating knowledge and contributing to scientific development. As a peer-reviewed journal, the rigor of scientific publication is expected to be observed in the course of evaluating papers that are submitted. Therefore, ethical behavior is expected of all parties involved in the publishing process: the author, the journal editor, the peer reviewer, and the publisher.





Please check the Publication Ethics available on our website to read the duties for authors, editors, and reviewers.

Preparing the Manuscript

Files should be in MS Word format only. Figures and tables should be embedded and not supplied separately. Please ensure you use as much normal font as possible in your documents. Special fonts, such as those used in the Far East (Japanese, Chinese, Korean, etc.), may cause problems during processing. To avoid unnecessary errors, you are strongly advised to use the 'spell checker' function of MS Word.

Article Structure

All intending authors must register at the APHERJ's online platform: <http://po.pnuresearchportal.org/ejournal/index.php/apherj>. If you are already enrolled as an **author**, you may simply log in and begin the submission process.

Articles should be prepared in the following order:

Title. Concise and informative. Titles are often used in information retrieval systems. Avoid abbreviations and formulas where possible. The title is not more than 12 words and is written in 16 font and centered. The details on the title page should be in 10-point Arial.

The title page should include:

A concise and informative title

The name(s) of the author(s)

The affiliation(s) and address(es) of the author(s)

The email address of the corresponding author

Abstract. The abstract is a summary or synopsis of the complete document, written in one paragraph, which should include these elements: purpose, methodology, results, conclusion, and recommendations.

Abstract Writing Style

- Use specific words, phrases, concepts, and keywords from your paper.
- Use precise, clear, and descriptive language.
- The abstract should be written with correct English grammar and spelling.
- Write from an objective, rather than evaluative, point of view.
- Define unique terms and acronyms the first time they are used.
- Write in one paragraph, from 100 to 150 words, and use a 10 font size.





- Use complete sentences and use verbs in an active voice.
- The first line must not be indented from the rest of the text.
- One double space, 10-point Arial, separates the abstract, the affiliation, and the first section of the article.

Keywords: Immediately after the abstract, provide a maximum of 5 keywords to be written in 10 font sizes in alphabetical order.

Key Elements of an Article:

1. Introduction: This section should be written to explain the theoretical background, related research, practical applications, and nature and purpose of the article. The cited literature must be within a decade's range.

2. Methodology: This section describes the participants (e.g., demographics, selection criteria or sampling procedure, and group assignment), the materials (e.g., tasks, equipment, and instruments, including a discussion of their validity and reliability, if appropriate), and the procedures employed in the study, such as treatment(s) and data analysis.

3. Results (Findings) and Discussion: This section should be written clearly and concisely. The discussion should explore the significance of the results of the work, not repeat them. A combined results and discussion section is often appropriate. Avoid extensive citations and discussions of published literature. For highly qualitative studies, we require separate sections for “Findings” and “Discussion”.

4. Conclusion and Recommendations: The study's main conclusion may be presented in the conclusion section, which may stand alone or form a subsection of a Discussion or Results and Discussion section.

(Authors may deviate from the aforementioned key elements as subsections when doing/writing qualitative research, but, in principle, the four elements are still in this article.)

Acknowledgments (when appropriate): Collate acknowledgments in a separate section at the end of the article before the references and do not include them on the title page, as a footnote to the title, or otherwise. List here those individuals who provided help during the research (e.g., providing language help, writing assistance, proofreading the article, etc.) and the research sponsors.

Article Formatting (The Asia Pacific Higher Education Research Journal)

All manuscripts to be submitted for publication in the journal should be on letter-sized paper, with 1.0 paragraph spacing, use Cambria 12 pt font, and observe side margins: top and bottom





– 1”; left and right - 1.25”. The maximum length of the manuscript should be 6,000 words, including the title page, graphs, tables, and references.

Sample

Exploring students’ visual conception of matter and its implications to teaching and learning chemistry (font size 13, Cambria, justified)

Allen A. Espinosa¹, Arlyne C. Marasigan¹, Janir T. Datukan¹ (font size 12, Cambria)

¹Faculty of Science, Technology and Mathematics, College of Teacher Development, Philippine Normal University, 1000 Manila, Philippines (font size 8, Cambria, italicized)

<p>ARTICLE INFORMATION</p> <p><i>Article History:</i></p> <p>Received 01 June 2014 Received in revised form 14 August 2014 Accepted 23 September 2014 Article ID 834584</p> <p><i>Keywords</i></p> <p>Should give at least 3 to a maximum of 5 keywords. Font size 10, Cambria.</p> <p>*Corresponding author: espinosa.aa@pnu.edu.ph</p>	<p>ABSTRACT</p> <p><i>The abstract should highlight the objectives of the study, a summary of the methodology, the results, and a discussion. Font size 10, italicized, Cambria, and justified.</i></p> <p>© The Authors and Asia Pacific Higher Education Research Journal</p>
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Introduction (12, Cambria, bold face)

The introduction should contain the *background of the study, the research questions, a literature review, a conceptual framework, and the research hypothesis*. The font size is 12, Cambria, and justified. Headings for subtopics should be italicized, in boldface. Follow the APA 7th Edition in citing references.

Methodology (12, Cambria, bold face)

The methodology section should contain the *participants, sampling and research design, apparatus and materials, details of data collection and analysis, and ethical considerations*. The font size is 12, Cambria, and justified. Headings for subtopics should be italicized in boldface.

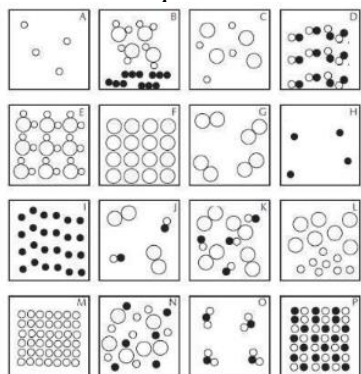


Results (12, Cambria, boldface)

Figures should be numbered continuously. Figure numbers must be in bold. Write the figure title on its own line (under the figure number) in italics and title case. Each of the lines must be double-spaced with font size 8 (Cambria). Below is an example.

Figure 1

Visual Conception Models



Tables should be numbered continuously. Tables and figures follow the same format. The table number must be in bold. Write the table title on its own line (under the table number) in italics and title case. Each line must be double-spaced. Below is an example.

Table 3

Independent Samples Mann-Whitney U Test on Interest in Chemistry Pretest

	N	Mean Rank	Sum of ranks	<i>U</i>	<i>p</i>
COPT	39	38.97	1520	703.0	0.847
TTA	37	38.00	1406		
Total	76				

* $p < 0.05$

Consult the APA 7th Edition for other statistical tables.

Discussion

The discussion part should answer each research question based on the results. The font size is 12, Cambria, and justified. Headings for subtopics should be italicized in boldface.

Conclusion and Recommendations

The font size is 12, Cambria, and justified.



References

Please refer to the APA 7th Edition Publication Manual for ways of citing references.
Examples are as follows:

Appendices (if any)

Reference List

Please refer to the APA 7th Edition Publication Manual for ways of citing references.
Examples are as follows:

Periodicals

Periodicals include items published on a regular basis such as journals, magazines, newspapers, and newsletters.

General reference form:

Author, A. A., Author, B.B., & Author, C.C. (year). Title of article. *Title of Periodical*, Volume(Issue no), pp-pp. <https://doi.org/xx.xxxxxxxxxxxxxxx>

Journal article with DOI

Herbst-Damm, K.L., & Kulik, J.A. (2005). Volunteer support, marital status, and the survival times of terminally ill patients. *Health Psychology*, 24, 225-229. <https://doi.org/10.1037/0278-6133.24.2.225>

Journal article with DOI, more than seven and up to twenty authors

Gilbert, D. G., McClernon, J. F., Rabinovich, N. E., Sugai, C., Plath, L. C., Asgaard, G., Yantao, Z., Huggenvik, J., & Botros, N. (2004). Effects of quitting smoking on EEG activation and attention last for more than 31 days and more severe with stress, dependence, DRD2 A1 allele, and depressive traits. *Nicotine and Tobacco Research*, 6, 249-267. <https://doi.org/10.1080/14622200410001676305>

For entries with more than 20 authors, list the first 19, followed by an ellipsis, then list the final author.

Journal article without DOI (when DOI is not available)

Sillick, T. J., & Schutte, N. S. (2006). Emotional intelligence and self-esteem mediate between perceived early parental love and adult happiness. *E-Journal of Applied Psychology*, 2(2), 38-48.
<http://ojs.lib.swin.edu.au/index.php/ejap>

Magazine article

Chamberlin, J., Novotney, A., Packard, E., & Price, M. (2008, May). Enhancing worker well-being: Occupational health psychologists convene to share their research on work, stress, and health.

Monitor on Psychology, 39(5), 26-29.

Online magazine article

Clay, R. (2008, June). Science vs. ideology. Psychologists fight back about the misuse of research. *Monitor on Psychology*, 39(6). <http://www.apa.org/monitor/>





Newsletter article, no author

Six sites meet for comprehensive anti-gang initiative conference. (2006, November/December). *OJJDP News @ a Glance*. http://www.ncjrs.gov/html/ojjdp/news_at_glance/216684/topstory.html

Newspaper article

Swarz, J. (1993, September 30). Obesity affects economic, social status. *The Washington Post*, A1, A4.

If an article appears on discontinuous pages, give all page numbers, and separate the numbers with comma (e.g., B1, B3, B5-B7).

Online newspaper article

Brody, J. E., (2007, December 11). Mental reserves keep brain agile. *The New York Times*. <http://www.nytimes.com>.

Editorial without signature

Editorial: "What is a disaster" and why does this question matter? [Editorial]. (2006). *Journal of Contingencies and Crisis Management*, 14, 1-2.

Online-only supplemental material in a periodical

Marshall-Pescini, S., & Whitten, A. (2008). Social learning of nut-cracking behavior in East African sanctuary-living chimpanzees (*Pan troglodytes schweinfurthii*) [Supplemental material]. *Journal of Comparative Psychology*, 122, 186-194. <https://doi.org/10.1037/0735-7036.122.2.186.supp>.

When DOIs are assigned, use them as noted in the examples that follow.

For an entire book, use the following reference formats:

Author, A. A. (1967). *Title of work*. Publisher.

Author, A. A. (1997). *Title of work*. <http://www.xxxxxxx>

Author, A. A. (2006). *Title of work*. <https://doi.org/xx.xxxxxxxxxxx>

Editor, A. A. (Ed.). (1986). *Title of work*. Publisher

For a chapter in a book or entry in a reference book, use the following formats:

Author, A. A., & Author, B. B. (1995). Title of chapter or entry. In A. Editor, B. Editor, & C. Editor (Eds.), *Title of the book* (pp. xxx-xxx). Publisher.

Author, A. A., & Author, B. B. (1993). Title of chapter or entry. In A. Editor, B. Editor, & C. Editor (Eds.), *Title of the book* (pp. xxx-xxx). Retrieved from <http://www.xxxxxxx>

Author, A. A., & Author, B. B. (1995). Title of chapter or entry. In A. Editor, B. Editor, & C. Editor (Eds.), *Title of the book* (pp. xxx-xxx). <https://doi.org/xx.xxxxxxxxxxx>

Checklist: What to Include

1. **Author details.** Please ensure all listed authors meet the authorship criteria spelled out in the Publication Ethics. All authors of a manuscript should include their full name and affiliation on the cover page of the manuscript. Where available, please also include ORCiDs. One author will need to be identified as the corresponding author, with their





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2. **Statements and Declarations** (*Please include this after the manuscript before the reference section*)

1. **Funding details.** Please supply all details required by your funding and grant-awarding bodies as follows:

For single-agency grants

This work was supported by the [Funding Agency] under Grant [number xxxx].

For multiple agency grants

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1. The submission has not been previously published, nor has it been submitted to another journal for consideration (or an explanation has been provided in Comments to the Editor).
2. The submission file is in OpenOffice, Microsoft Word, RTR, or WordPerfect document file format
3. Where available, URLs for the references have been provided.





4. The text adheres to the stylistic and bibliographic requirements outlined in the Author Guidelines.
5. A list of possible referees/peer reviewers with their corresponding affiliation and contact information [email address]. Please refer to the attached form.

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